MANCHESTER SUPPORT RESOURCES: SICK! FESTIVAL LIVING LIBRARY

You are NOT alone. Whatever your perspective, whatever time has passed, wherever you are-there is support and guidance available from a wide variety of organizations across Manchester and the UK. If you need to report a crime, please contact 101 or 999 in an emergency. You will be directed through the proper procedures via your local police precinct. The advocacy and frontline services listed below can support you through this process as safely as possible.

MACCAV: Mothers Against Coercive Control And Violence

MACCAV Mothers Against Coercive Control and Violence (facebook.com)

Manchester All Round Info & Guidance

Manchester - End The Fear

How to report domestic abuse | Greater Manchester Police (gmp.police.uk)

Domestic Violence Advocacy & Advice

Home | Safelives

Home - Independent Choices Greater Manchester (domesticabusehelpline.co.uk)

Domestic Violence Support – Frontline

Domestic Abuse Family Support | Safe Haven - Endeavour (endeavourproject.org.uk)

Help for domestic abuse survivors - Manchester Women's Aid (pankhursttrust.org)

Fortalice - Charity for supporting people affected by Domestic Abuse and Violence - frontline

Domestic Violence Support - Childhood/Past

Adult Survivors of Childhood Abuse | Greater Manchester Police (gmp.police.uk)

Perpetrators Domestic Violence Programmes

Home page - TLC:Talk, Listen, Change (talklistenchange.org.uk)

Male Specific Organizations

Survivors Manchester - Break the silence

<u>Domestic Abuse Helpline for Men | Men's Advice Line UK (mensadviceline.org.uk)</u>

Queer Specific Organizations

<u>LGBT Foundation - Domestic Abuse</u>

LGBTQ+ | Reducing the Risk

POC Specific Organizations

Saheli Asian Womens Project

Sexual Abuse

<u>Listen, Believe, Support | Manchester Rape Crisis</u>

Trafford Rape Crisis

Tech Abuse

Supporting a survivor | Refuge National Domestic Abuse Helpline (nationaldahelpline.org.uk)

Revenge Porn Helpline - 0345 6000 459 | Revenge Porn Helpline

Child to Parent Abuse - Support & Guidance

 $\underline{\text{WIC-Addressing-Child-to-Parent-Violence-and-Abuse-Information-to-help-parents-V1-2020-3.pdf}}\\ \underline{\text{(whosincharge.co.uk)}}$

Honour-Based Violence

Karma Nirvana